

# Ending the Crisis: Guide to Opioid Addiction and Safe Use Audiobook

## Activity Description

This online audiobook aims to discuss America's opioid crisis and the healthcare at the center of its solution. Developed by Mayo Clinic leaders in the fields of pain management, opioids, and addiction, and filled with stories from people willing to share their personal experiences, 'Ending the Crisis' outlines the proven steps to ending the opioid crisis. Listeners will gain insight into:

## Target Audience

Medical providers, including nurses, nurse practitioners, physician assistants, physicians, addiction experts, pharmacists and others may benefit from this multidisciplinary review and update on treatment and management of opioid or other substance use disorders.

## Learning Objectives

Upon conclusion of this activity, participants should be able to:

- What drives acute pain and how it differs from chronic pain
- The role opioids play in acute and chronic pain management
- Safe opioid use, storage and disposal
- Signs and symptoms of addiction, and best practices for opioid addiction management
- How to stage a family intervention and develop relapse prevention plans
- How to identify a substance use disorder treatment program and navigate insurance coverage

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## Credit Statement(s)

### AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 8.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ACPE



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## **ANCC**

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## **AAPA**



Mayo Clinic College of Medicine and Science has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. Approval is valid until 09/30/2026. This activity is designated for 8.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

## **ADA**



Approved PACE Program Provider for FAGD/MAGD Credit.

Approval does not imply acceptance by any regulatory authority or AGD endorsement.

(1/1/2022) to (12/31/2023)

Provider AGD ID #215760

## **Disclosure Summary**

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity, and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

***Listed below are individuals with control of the content of this program who have disclosed...***

***Relevant financial relationship(s) with ineligible companies:***

***All relevant financial relationships listed for these individuals have been mitigated.***

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For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

## **Disclaimer**

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## **Prerequisites for Participation**

There are no prerequisites needed prior to participating in this educational activity.

## **Method of Participation**

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

## **How to Obtain Credit**

To request CME Credit, the learner will need to register for the course, successfully pass an 11-question assessment (80% pass rate with 2 attempts) and complete the course evaluation form.

## **Release and Expiration Dates**

Release Date: 9/13/23

Expiration Date: 9/13/26

## **Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

## **Faculty and Course Director Listing and Credentials**

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## **Bibliographic Resources**

Bibliographic resources are provided within the activity.

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