

Commercial Driver Medical Examiner Training: Improving Transportation Safety through Education and Certification Online Course

Activity Description

This course reviews medical conditions encountered while performing CMV examinations, utilizing a case-based interactive approach focused on efficiently addressing complex clinical issues. The training includes the following core competencies: 1) The role of the examiner in enhancing public safety; 2) Diagnostic approaches in assessing medical fitness of the commercial driver; 3) Navigating clinical and administrative issues commonly encountered in driver medical certification; 4) Understanding and effectively managing the complexity of the physical requirements and stresses involved in operating commercial vehicles; 5) Strategies for prevention and health promotion for CMV drivers. Content focuses on the core curriculum required by the Federal Motor Carrier Safety Administration (FMCSA). Following completion of this training, participants receive the certification required to take the NRCME examination.

Target Audience

This activity is designed for health care professionals who will be performing DOT examinations, or who have an interest in promoting wellness in the population of professional drivers.

Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Identify the specific physical and mental demands associated with operating a commercial motor vehicle (CMV).
- Recognize the responsibilities of a CMV driver.
- Recognize potentially disqualifying health conditions in the examination process.
- Identify parameters for safely proceeding with work duties.
- Review the requirements for the medical history and physical examination of a CMV operator.
- Review strategies for efficiently conducting forensic evaluations, including addressing difficult issues in the certification process.
- Identify a variety of strategies for promoting improved health and wellness in this cohort of individuals.
- Recognize the step-by-step process of registering for FMCSA exam and NRCME registry.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement(s)

AMA

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 5.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 5.50 ANCC

contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.

Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

Listed below are individuals with control of the content of this program who have disclosed...

Relevant financial relationship(s) with ineligible companies:

Name	Nature of Relationship	Company
Clayton T. Cowl, MD, MS	Honoraria	Organicell Regenerative Medicine

All relevant financial relationships listed for these individuals have been mitigated.

No relevant financial relationship(s) with ineligible companies:

Phil Hagen, MD, MPH
Barb Timm, DNP, CRNP
John M. Wilkinson, MD

References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:

None

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

How to Obtain Credit

To obtain credit, complete the assessment, and submit.

Release and Expiration Dates

Release Date:	November 20, 2023
Renewal Date:	(If applicable)
Expiration Date:	November 19, 2026

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials

Course Director
Clayton T. Cowl, M.D.

Bibliographic Resources

FMCSA Medical Expert Panel Reports. Federal Motor Carrier Safety Administration Website. Accessed November 7, 2023. <https://www.fmcsa.dot.gov/regulations/medical/medical-expert-panels>

Connolly HM, Epstein AE, Kerber RE, et. al. Medical Examiner Physical Qualification Standards and Clinical Guidelines for Cardiovascular Disease and Commercial Motor Vehicle Driver Safety. 2013; FMCSA Website. Accessed November 7, 2023.

National Registry of Certified Medical Examiners: National Registry System Login. FMCSA Website. Accessed November 7, 2023.

Copyright

Mayo Foundation for Medical Education and Research. All rights reserved. Copyright 2023